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## **Modern Dance and Hip Hop offered at: Tyger Valley College**

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## **Syllabus:**

We teach the South African Body of Dance SABOD (previously known as SADTA South African Dance Teachers Association) Syllabus.



## **Modern:**

Modern Dance can be defined as a form of contemporary, theatrical and concert dance employing a special technique for developing the use of the entire body in movements expressive of abstract ideas. This form of dance is strongly influenced by ballet, contemporary and jazz. SABOD's Modern Dance Syllabus includes all of these styles as well as other complementary styles to give our dancers the opportunity to cover a broad spectrum of dance styles.

## **Hip Hop:**

Hip Hop dance refers to street dance styles primarily performed to hip hop music or that have evolved as part of Hip Hop culture. It includes a wide range of styles which were created in the 1970s and made popular by dance crews in the United States. The SABOD Hip Hop syllabus includes a broad spectrum of styles: Old School Hip Hop, New Style Hip Hop, KRUMP, Breaking, Waacking, House, Jerking, Dance Hall as well as Funk styles such as Popping, Locking and Tutting.



## **Payments:**

- Statements will be sent out termly via email and balances via SMS.
- Bank Details and KDZ reference code on statements.
- Cash or electronic transfer accepted. Strictly - **No Cash deposits. A 10% bank fee will be added to your account on all cash deposits.**
- **A R100-00 admin fee will also be charged on all late monthly / termly payments.**
- There is a yearly registration fee, for administrative costs.

**Liezel Marais Dance Academy Pty LTD**

**Absa Menlyn Maine 632 005**

**Cheque Account 4094909262**

**Reference: Your child's Name and Surname or KDZ + code**

# **Dance Calendar 2021**

**Covid-19 is still very much with us and hence, in these uncertain times it is impossible to make any definitive plans too far in advance.**

<b>1<sup>st</sup> Term</b>	<b>18 Jan – 14 Apr</b>
<b>No Class / Mid term</b>	<b>Monday 1 March</b>
<b>2<sup>nd</sup> Term</b>	<b>Tuesday 5 May – Thursday 6 Aug</b>
Approximate Exam Session	<b>*To be confirmed*</b>
Show and Eisteddfod Entries and Fees	<b>*To be confirmed*</b>
<b>No Class / Half Term</b>	<b>Monday 14 June and Wednesday 16 June</b>
<b>3<sup>rd</sup> Term</b>	<b>7 Sept – 26 November</b>
<b>No Class / Mid term</b>	<b>Monday 25 October</b>
Eisteddfod of the Performing Arts	
Saturday Show Rehearsals <b>3 Compulsory Saturday rehearsals</b>	<b>*To be confirmed closer to the time*</b>
Theatre Rehearsals	<b>*To be confirmed*</b>
Yearly Production / Show <b>State Theatre, Drama / Atterbury Theatre</b>	<b>*To be confirmed*</b>

### **Dress Code and neatness:**

Each student will be required to wear the correct class uniform.

**Students should always be clean and neat with their hair always tied up and out of their faces.**

**Dance is not only a beautiful but disciplined art form. The way in which we carry ourselves to class will not only influence our attitude in class but also in life!**

### **DANCE WEAR SHOPS**

Stitch&Twirl are linked to our website or you can contact

**Tilla 083 450 8945 / tilla7567@gmail.com** for leotards, skirts and hair accessories. We have samples of all sizes and if you are not sure about your child's size, just state that on the order form and we will fit her during class. No items will be delivered without proof of payment.

**Hip Hop pants, jazz pants, Tights and Shoes:**

- **The Ballet Barre - Groenkloof Tel: 012 346 4311**

### **Uniform:**

#### **Modern:**

#### **Girls:**

- Black leotard (order from our online shop Stitch&Twirl)
- Black ankle length tights / Black calf length tights / Black cross over waist ankle length tights / Black crossover waist hot pants / Black crossover waist jazz pants
- Dttrol foot thongs / Dance paws / Barefoot

#### **Boys:**

- Studio T-shirt / or own
- Black ankle length tights/ski-pants or Black calf length tights/ ski-pants or Black mid-thigh tights/ski-pants
- Black jazz shoes / barefoot

#### **Hip Hop:**

- Studio T-shirt / or own
- Black Hip Hop Dance pants / Sweat pants
- Dance Sneakers / or their own - any type

#### **Show:**

Depending on theatre availability, we have a yearly production on stage in a professional theatre. Show participation is not compulsory although we rehearse during normal class times during the 2<sup>nd</sup> part of the year.

**The Show** fee includes costume hire and extra rehearsal and theatre costs. Rehearsals takes place during normal class times and on scheduled Saturdays closer to the date.

# TVC MODERN / HIP HOP - TIME TABLE 2021

**!! All Class times and Levels are subject to change depending on the facilities and number of students in a class and previous dance experience !!**

## Junior Prep, Senior Prep and College

	<u>SCHOOL GRADE:</u>	<u>MODERN / HIP HOP LEVEL:</u>	<u>MONDAY HIP HOP</u>	<u>WEDNESDAY MODERN DANCE</u>
Jnr Prep	Grade 3 + 4	Grade/Level 3 / 4	13h15 – 14h00	14h00 – 14h45
Jnr Prep	Grade 1 + 2	Grade/Level 1 / 2	14h00 – 14h45	13h15 – 14h00
Snr Prep	Grade 5 + 6 + 7	Grade/Level 5 / 6 / 7	14h45 – 15h30	15h00 – 15h45
College	Grade 8 + 9 + 10	Grade/Level 8 / 9 / 10	15h30 – 16h30	15h45 – 16h45
College	Grade 11 + 12	Grade/Level 11 / 12	16h30 – 17h30	16h45 – 17h45

## Fee Structure and Payment

	<u>School Grades</u>	<u>Per week:</u>	<u>Monthly Fee:</u>	<u>Termly Fee:</u>	<u>Yearly Fee:</u>
<u>MODERN DANCE</u>	Jnr and Snr Prep	1 x per week (45 min)	R300-00	R1100-00	R3300-00
	College	1 x per week (1 hr)	R360-00	R1320-00	R3960-00
<u>HIP HOP</u>	Jnr and Snr Prep	1 x per week (45 min)	R300-00	R1100-00	R3300-00
	College	1 x per week (1 hr)	R360-00	R1320-00	R3960-00
<u>MODERN DANCE AND HIP HOP</u>	Jnr and Snr Prep	2 x per week (1 hr and 30 min)	R450-00	R1650-00	R4950-00
	College	2 x per week (2 hrs)	R600-00	R2200-00	R6600-00

- Dance fees are payable strictly in advance on a termly or monthly basis.
  - All payments are due and payable by the 1<sup>st</sup> of that month.

**Tyger Valley College 3 x Termly Payment dates: 1 Feb, 1 May, 1 Sept  
11 x Monthly Payment dates: Jan – Nov by the 1<sup>st</sup> of every month.**

**As a token of my gratitude for your support and loyalty during lockdown last year, there will be NO INCREASE in class fees for 2021.**

- You will be invoiced termly. If you prefer to pay monthly installments, the total yearly fee will balance out in November, provided you keep paying the specified monthly fee every month from Jan - Nov.
- A R100-00 admin fee will be charged on all late payments received after the 7<sup>th</sup> of that month as indicated above for every month that your account is in arrears after the 7<sup>th</sup>.
- If monthly payments are not kept to the above agreement, LMDA has the right to enforce termly payments in advance only, as from the beginning of the following term.

- *A 10% bank fee must be added to any cash deposits paid into my account.*
- Any outstanding payments will result in immediate termination of lessons till receipt of payment. You will receive 1 reminder via SMS and Email. If you ignore this notification due to changed contact details or lack of interest whatsoever and fees are still outstanding by the following lesson, your child will unfortunately not be allowed to attend the lesson.
- **One term written notice must be given at the beginning of the term if you wish to stop lessons. You will still be liable for the full term-fee in which the written notice is received. Your child will still be able to dance during the notice term.**
  - **Term 1: 18 Jan – 14 April,**
  - **Term 2: 5 May – 6 Aug,**
  - **Term 3: 7 Sept – 26 Nov.**
- Only if your child stops lessons due to a school sport that fall during the same time, will you be liable only for the monthly fee in which notice is received. If we do not receive a written notice, you will still liable for all fees till such time that notice is received. If your child decides to start again later during the year, you will have to pay a 2<sup>nd</sup> registration fee of R150-00.
- Full term fees are still payable notwithstanding the fact that the pupil does not attend for any period of time.

### **A little bit about myself:**

I have been a dance teacher to students from the ages of three for 24 years.

I matriculated from Pro Arte Alphen Park High School in 1996, where I studied Classical ballet, Contemporary, Jazz, Greek and Spanish dancing.

There after I furthered my dancing career at the University of Cape Town. I enrolled in the ballet department where I studied towards a Diploma in ballet.

After I returned from UCT, I obtained my Teaching Diploma in the Royal Academy of Dance. Also specializing in Anatomy, Ballet History and Child Psychology.

I am also an associate member of the South African Body of Dance (SABOD)

I currently serve as a panel member on the Northern Gauteng Royal Academy of Dance teachers association.

My teachers include:

Nella van den Berg, Paula Olivier, Deanna Irvine, Esmé Pretorius, Rosemary Rainier, Celeste Fair, Joy Cooper, Wendy Quarmby, Nigel Hannah and Rene Callis.

We also offer ballet lessons at various nursery schools in the east of Pretoria, Garsfontein Scout Hall and Laerskool Lynnwood.

### **Qualified Teachers:**

**Annetjie Herman 076 608 7232**

**Kate Tordiffe 076 221 0322**

### **Some of my favorite quotes:**

**I am a dancer. I believe that we learn by practice. Whether it means to learn to dance by practicing dancing or to learn to live by practicing living...In each it is the performance of a dedicated precise set of acts, physical or intellectual, from which comes shape of achievement, a sense of one's being, a satisfaction of spirit. One becomes in some area an athlete of God" – Martha Graham -**

**"There are short-cuts to happiness and dancing is one of them"  
- Vicky Baum -**

**"It takes an athlete to dance, but an artist to be a dancer"  
- Shanna LaFleur -**

**"I don't want people who want to dance, I want people who have to dance" - George Balanchine -**

## **TERMS AND CONDITIONS**

1. An annual administration fee of R150-00 is payable per student on registration.
2. Liezel Marais Dance Academy reserve the right to increase dance fees annually.
3. Dance fees are payable strictly in advance on a termly or monthly basis.
4. *All payments are due and payable by the 1<sup>st</sup> of that month.*

- a. *Tyger Valley College 3 x Termly Payment dates: 1 Feb, 1 May, 1 Sept*
  - b. *11 x Monthly Payment dates: Jan – Nov by the 1<sup>st</sup> of every month.*
5. *You will be invoiced termly. If you prefer to pay monthly installments, the total yearly fee will balance out in November, provided you keep paying the specified monthly fee every month from Jan - Nov.*
  6. *A R100-00 admin fee will be charged on all late payments received after the 7<sup>th</sup> of that month as indicated above for every month that your account is in arrears after the 7th.*
  7. *If monthly payments are not kept to the above agreement, LMDA has the right to enforce termly payments in advance only, as from the beginning of the following term.*
  8. *A 10% bank fee must be added to any cash deposits paid into my account.*
  9. *Any outstanding payments will result in immediate termination of lessons till receipt of payment. You will receive 1 reminder via SMS and Email. If you ignore this notification due to changed contact details or lack of interest whatsoever and fees are still outstanding by the following lesson, your child will unfortunately not be allowed to attend the lesson.*
  10. *One term written notice must be given at the beginning of the term if you wish to stop lessons. You will still be liable for the full term-fee in which the written notice is received. Your child will still be able to dance during the notice term.*
  11. *Only if your child stops lessons due to a school sport that fall during the same time, will you be liable only for the monthly fee in which notice is received. If we do not receive a written notice, you will still liable for all fees till such time that notice is received. If your child decides to start again later during the year, you will have to pay a 2<sup>nd</sup> registration fee of R150-00.*
  12. *Full term fees are still payable notwithstanding the fact that the pupil does not attend for any period of time.*
  13. *Liezel Marais Dance Academy does not accept liability for any injury to pupils during class time or on the premises.*
  14. *Liezel Marais Dance Academy does not accept responsibility for damage to, or loss of property, however caused.*
  15. *You are obliged to advise the teacher should any medical circumstances arise while your child is a pupil of the Academy.*
  16. *You are obliged to advise the teacher should any contact information change while your child is a pupil of the Academy.*
  17. *There will be no lessons during school holidays and on public holidays unless prior arrangements are made.*
  18. *If for any reason LMDA will not be able to conduct a lesson, you will be notified thereof and another date and time will be scheduled.*
  19. *Right of admission to classes is reserved, parents will be invited to attend open day.*
  20. *Each student will be required to wear the correct clean dance uniform with hair tied up in a neat bun.*
  21. *We reserve the right to stop your dancing lessons, should your child's behaviour affect the lessons negatively.*
  22. *No students or siblings will be allowed to run around the studio or its grounds. Parent / Adult supervision should be kept at all times when a student is not attending his/her lesson. We cannot supervise unattended students while busy teaching a class. They will be allowed to wait inside the studio before/after class, provided they sit quietly and behave themselves.*
  23. *LMDA do not tolerate bullying or engage in negative conversation regarding any of our students, parents or other dance instructors or studios.*
  24. *Please take note that from time to time we will be making use of photo/video footage from classes, exams and shows to be used for promotional purposes such as newsletters, posters, advertisements, websites, social media networking sites etc. This will of course all be done in good taste. If you have any objection regarding this matter please inform me in writing.*

## **Teachers Oath**

As teachers of young dancers we understand the importance of being prepared to teach. We understand the impact our behaviour, appearance and knowledge will have on their lives.

We recognize that we will be role models and everything we do or say can make a lasting impression on them. We will not only teach dance, but will share our love of dance with them in every way we can. We will strive to make our lessons exciting so our students will return and we can dance together for many years.

We the teachers of LMDA pledge to continue our quest to bring you the highest standards of safety and professionalism in all our endeavours in the year ahead.

The pandemic has now become a longer-term part of everyday life, with no “end date” in sight. It still goes without saying that, in the current environment, the health and safety of our dancers, teachers and schools are our top priority.

Dance Love

Liesel Marais Boshoff

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