



**WE CANNOT WAIT TO DANCE TOGETHER AGAIN -  
BUT BEFORE WE DO PLEASE READ !!!**



**COVID-19  
SAFETY &  
PROTOCOL**

**Kindly explain the importance of the following rules to your children before bringing them for lessons.**

**These measures are there to protect us and to help prevent the virus from spreading**

- Parents/Guardians may **ONLY** accompany students to the entrance of the hall to see that they enter safely - **No parents/Guardians, siblings or spectators will be allowed inside the hall.** Exceptions will only be made for 3-4-year-old students, provided that the individual also completes a "Covid-19 Risk Assessment" and screening and stay seated against the side of the hall. Only one guardian per student and only until they are confident enough to say good-bye at the door.

**This will not become a permanent arrangement and we will appreciate your co-operation and understanding.**

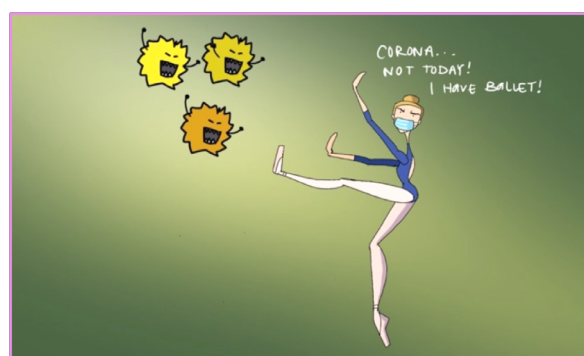
- **Parents need to complete an online "Covid-19 Consent Form" <https://bit.ly/3h7k019> once and a "Covid-19 Risk Assessment form" <https://forms.gle/c8nBj3otwNUiV7PS6> before every lesson on ballet days.**

These links will also be posted on the WA groups. Please answer the questions as honestly as possible and please don't send any sick students to class.

- Please be **PUNCTUAL**

- students will be called in one at a time before class, have their temperature measured and sanitized before they may enter the hall. Once inside, they will place their bags at the back against the wall. Remove shoe covers and extra clothing and stand on a marked space to insure social distancing at all times.

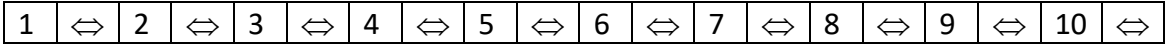
- **Students will not be allowed to wait in the hall before/after their lessons unless absolutely necessary.** There will be no supervision for students who are fetched late. Please phone me in a case of emergency, so that I can keep them in an allocated space inside, till you arrive. Unfortunately, no playing will be allowed before/after class and social distancing needs to be kept at all times
- **If at all possible Students should arrive already dressed in their dance attire** with shoe covers or slippers covering their ballet shoes- **(we understand that some students come directly from school and in those instances strict protocol will be implemented when using the changing facilities)** Doors and windows will be open to allow for ventilation. Please bring a small bag to carry your belongings, so that your hands are free to be sanitized when entering. NO personal belongings will be allowed to lie on the floor.
- **Social distancing will be explained and maintained throughout the lesson and students will be allocated their own marked dance space of 3m x 3m = 9m<sup>2</sup>.** Holding of hands, dancing in partners, hugging and high 5's will unfortunately be on pause for now...
- **Younger students must be fetched from the side door** – promptly after their lesson. Please be vigilant and keep a lookout for students and any strange behaviour or individuals when entering and exiting the parking area
- **The use of facial masks/visors/shields are compulsory for students age 6 and older especially when entering and exiting the hall.** Once inside they will be allowed to remove their masks, permitted they are in their marked off space and within the "COVID distancing measures for not wearing a mask while doing vigorous exercise". This will only be allowed with parent's permission and individual preference. Please use a clean/fresh cloth/surgical mask for class. Hair to be tied in a neat bun and out of the face – to prevent us from touching our faces on purpose
- **We will take utmost care not to over exuberate students and cardio will be kept to a minimum,** while masks are mandatory. If and when a student needs some fresh air – they will be monitored and allowed to go outside via the side doors, remove their masks till they feel better to return
- **Our hands will be sanitized** before, after and during class as required. Sanitizers will be provided, but Students are also welcome to bring their own. The facilities will be disinfected daily and all equipment after use
- **All persons have to adhere to social distancing and wearing of facial masks/visors at all times** when on the premises and dropping/fetching students – **no social gatherings will be allowed on the premises**
- **Please see to it that students use the bathroom before leaving home.** Use of the bathroom facility will only be allowed in a case of urgency/emergency. Only one individual at a time or one parent accompanying a younger student allowed at a time. Hand sanitizer and paper towels will be provided. Hands need to be washed and sanitized before leaving the restroom



# Social Distancing / Dancing

## 3 ⇔ Meters Apart

### in all directions



Each student will put his/her bag on an allocated number against the back of the hall and stand on that same number - in a marked block on the floor

Bathrooms will only be available to students in a case of urgency.  
Only 1 person at a time  
(or 1 parent accompanying a younger student)

ENTRANCE through courtyard, where students will be screened and sanitized 1 x 1

